

DOFFING N-95 MASK AND GOWN COMPETENCY CHECKLISTS AND EVALUATION

This checklist may be used to assess healthcare providers compliance and competency in performing the doffing of proper personal protective equipment (PPE) when caring for a coronavirus patient.

Name: _____ Date: _____

Observer: _____

Checklist Procedure Doffing N-95 Mask and Gown	Rationale	Expected Behaviors	Competency Met Y/N
Engage Trained Observer	Trained observer assists with successful doffing procedure	<ul style="list-style-type: none"> Signals that it is clear to enter doffing area Uses verbal commands and written checklist to confirm each step in the doffing PPE is completed 	YES NO
Enters Doffing Area	Ensure minimal risk of disease transmission	<ul style="list-style-type: none"> Inspects PPE for signs of contamination 	YES NO
Disinfect Gloves	Prevent the spread of infection	<ul style="list-style-type: none"> Disinfect gloves with EPA-designated disinfectant wipe or alcohol based hand rub 	YES NO
Remove Gown (option A)	Prevent the spread of infection	<ul style="list-style-type: none"> Release tie Grasp gown at hip level and pull gown down and away from the sides of body Pull one arm at a time from gown so gown arms are bunched at wrists Roll exposed side of gown inward until in tight ball Dispose of in appropriate container 	YES NO
Remove Gown with Gloves (option B)	Prevent the spread of infection Ensuring the gloves have a tight fit against skin and adequate	<ul style="list-style-type: none"> Release tie Grasp gown at hip level and pull gown down and away from the sides of body Pull one arm at a time from gown so gown arms are bunched at wrists In one step, remove gloves and gone by pinching the glove and lifting wrist (being careful not to contaminate or tear the glove) Roll exposed side of gown inward until in tight ball Dispose of in appropriate container 	YES NO

Checklist Procedure Doffing N-95 Mask and Gown	Rationale	Expected Behaviors	Competency Met Y/N
Remove and Discard Gloves (if option A was previously selected)	Prevent the spread of infection	<ul style="list-style-type: none"> • Hold wrist so thumb points up • Pinch glove and lift at the wrist • Roll down until glove is completely off in a ball in the palm of other hand. • Slide finger down and inside remaining glove • Pull off in same manner into ball • Dispose of gloves • Does not contaminate hands during procedure • Does not snap gloves • Does not touch any exposed skin, or surface of the room 	YES NO
Perform Hand Hygiene	Prevent the spread of infection	<ul style="list-style-type: none"> • Performs hand hygiene with EPA-designated disinfectant wipe or alcohol based hand rub 	YES NO
Remove Face Shield or Goggles	Prevent the spread of infection	<ul style="list-style-type: none"> • Tilt head forward • Grab shield at temples and pull forward and overhead. Shield should fall forward for easy removal • Dispose of face shield 	YES NO
Perform Hand Hygiene	Prevent the spread of infection	<ul style="list-style-type: none"> • Performs hand hygiene with EPA-designated disinfectant wipe or alcohol based hand rub 	YES NO
Remove <ul style="list-style-type: none"> • N-95 Respirator or • Full Face Protection or equivalent or • Medical / Surgical mask 	Prevent the spread of infection	<ul style="list-style-type: none"> • Does not touch front of the respirator during process • Tilts head forward • Uses two hands to grab bottom strap, pull to the sides, then over head • Uses two hands to grab the upper strap, pull to the sides, then over head. • Mask falls forward and is disposed of in appropriate container 	YES NO
Perform Hand Hygiene	Prevent the spread of infection	<ul style="list-style-type: none"> • Performs hand hygiene with EPA-designated disinfectant wipe or alcohol based hand rub 	YES NO
Review Body for Contaminants	Prevent the spread of infection	<ul style="list-style-type: none"> • Inspects body for contamination, rips or tears in clothes • Uses examiner to assist 	YES NO
Exit the Doffing Area	Shower recommended for the healthcare workers comfort	<ul style="list-style-type: none"> • Heads to shower to remove scrubs and bathe with soap and water 	YES NO

References

BC Centre for Disease Control. Clinical Resources. Novel coronavirus (COVID-19). Retrieved March 11, 2020, from [http://www.bccdc.ca/health-professionals/clinical-resources/novel-coronavirus-\(covid-19\)](http://www.bccdc.ca/health-professionals/clinical-resources/novel-coronavirus-(covid-19))

CDC. (2020, March 1). *Healthcare supply of personal protective equipment*. Retrieved from <https://www.cdc.gov/coronavirus/2019-ncov/hcp/healthcare-supply-ppe.html>

Government of Canada. Health Canada. Coronavirus disease (COVID-19):For health professionals. Retrieved March 11, 2020, from <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/health-professionals.html>

Public Health Ontario. Provincial Infectious Diseases Advisory Committee (PIDAC). (2012, November) *Routine Practices and Additional Precautions In All Health Care Settings* (3rd ed.) Appendix L - Recommended Steps for Putting On and Taking Off Personal Protective Equipment. <https://www.publichealthontario.ca/-/media/documents/rpap-recommended-ppe-steps.pdf?la=en>

World Health Organization. (2020, February 27). *Rational use of personal protective equipment for coronavirus disease 2019 (COVID-19)*. https://apps.who.int/iris/bitstream/handle/10665/331215/WHO-2019-nCov-IPCPPE_use-2020.1-eng.pdf